

CriticalCareNurse

The journal for high acuity, progressive, and critical care nursing



Cover illustration by Kimberly Martens

CRITICAL CARE NURSE (ISSN 0279-5442, eISSN 1940-8250) is published bimonthly (February, April, June, August, October, December) by the American Association of Critical-Care Nurses (AACN), 27071 Aliso Creek Rd, Aliso Viejo, CA 92656. Telephone: (949) 362-2000. Fax: (949) 362-2049. Email: ccn@aacn.org. Copyright 2020 by AACN. All rights reserved. *CRITICAL CARE NURSE* is an official publication of AACN. No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording or by any information storage retrieval system without permission of AACN. For all permission requests, please contact the Copyright Clearance Center, Customer Service, 222 Rosewood Drive, Danvers, MA 01923, (978) 750-8400. The statements and opinions contained herein are solely those of individual contributors and not of the editor or AACN. The editor and AACN assume that articles emanating from a particular institution are submitted with the approval of the requisite authority, including all matters pertaining to human studies and patient privacy requirements. Advertisements in this journal are not a warranty, endorsement, or approval of the products by the editor or AACN, who disclaim all responsibility for any injury to persons or property resulting from any ideas or products referred to in articles or advertisements.

Individual subscriptions (print and online): US, \$39; outside of US, US\$85. Institutional rates (print and online): US, \$520; outside of US, US\$670. Institutional rates (print only): US, \$370; outside of US, US\$510. Institutional rates (online only): US, \$340; outside of US, US\$340. Single copies and back issues: US, \$50; outside of US, US\$60. Fax requests to *CCN* Back Issues at (949) 362-2049 or write to *CCN*, 27071 Aliso Creek Rd, Aliso Viejo, CA 92656, or phone (800) 899-1712. Prices on single copies or bulk reprints of articles are available on request from AACN at (949) 362-2050, ext 532. For membership and subscription questions: call (800) 899-2226 or (949) 362-2000 or email info@aacn.org; for institution subscription questions, call (800) 336-6348 or (818) 487-2075 or email criticalcarenurse@pubservice.com.

Printed in the USA. Periodicals postage paid at Laguna Beach, Calif, and additional mailing offices. Postmaster: Send address changes to *CRITICAL CARE NURSE*, 27071 Aliso Creek Rd, Aliso Viejo, CA 92656. Allow 4 to 6 weeks for change to take effect. **For subscription questions please call toll-free: AACN members, (800) 899-2226 or (949) 362-2000; nonmembers, (800) 336-6348 or (818) 487-2075.**

The name and title *CRITICAL CARE NURSE* are protected through a trademark registration in the US Patent Office. *CRITICAL CARE NURSE* is indexed in Cumulative Index to Nursing & Allied Health Literature (CINAHL), MEDLINE/PubMed, Scopus, and ISI Alerting Services.

DECEMBER 2020 • VOLUME 40 NUMBER 6

CE

Bedside Nurses: Champions of Antimicrobial Stewardship

Allison M. L. Sloan, Linda Dudjak

Page 16

OnlineNOW

A California Hospital's Response to COVID-19: From a Ripple to a Tsunami Warning

Mary Kay Bader, Annabelle Braun, Cherie Fox, Lauren Dwinell,
Jennifer Cord, Marne Andersen, Bryan Noakes, Daniel Ponticello

Page e1 (Page 14)

CE

Intravenous Fluid Management in Critically Ill Adults: A Review

Ashley Barlow, Brooke Barlow, Nancy Tang,
Bhavik M. Shah, Amber E. King

Page e17 (Page 14)

▶ VIDEO ONLINE

CE

Increasing Critical Care Nurse Engagement of Palliative Care During the COVID-19 Pandemic

William E. Rosa, Betty R. Ferrell, Clareen Wiencek

Page e28 (Page 14)

CCN FAST FACTS

Enhancing Communication With Family Members in the
Intensive Care Unit: A Mixed-Methods Study

Page 32

Two Sides to Every Fall: Patient and Nurse Perspectives

Page 41

COLUMN

CE

ETHICS

Resilience as an Incomplete Strategy for Coping With Moral Distress in Critical Care Nurses

Lucia D. Wocial

Page 62

DEPARTMENTS

EDITORIAL

Honoring Our Fallen Colleagues and Ourselves: Taking Time to Grieve

Annette M. Bourgault, Editor

Page 10

CERTIFICATION TEST PREP

The Gift of Double Mentoring

Sara Knippa, Kristin Sollars, Marci Ebberts, Katherine M. Sabin

Page 67

ASK THE EXPERTS

Reducing Stress and Anger Among Family Members

Janice Linton

Page 72

IN OUR UNIT

Lumbar Drains After Cardiac Surgery: Evidence-Based Solutions for Safe Management

Linda Ann Currie

Page 75

COCHRANE REVIEW SUMMARY

Antiarrhythmics for Maintaining Sinus Rhythm After Cardioversion of Atrial Fibrillation

Adam S. Cooper

Page 79

FEATURES

Enhancing Communication With Family Members in the Intensive Care Unit: A Mixed-Methods Study

Karen-leigh Edward, Alessandra Galletti, Minh Huynh

Page 23

Two Sides to Every Fall: Patient and Nurse Perspectives

Linda M. Hoke, Rachel T. Zekany

Page 33

Timely Family Feedback to Guide Family Engagement in the Intensive Care Unit

Natalie S. McAndrew, Laura Mark, Mary Butler

Page 42

CE

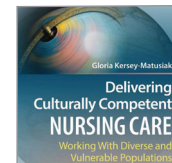
Comparing the Braden and Jackson/Cubbin Pressure Injury Risk Scales in Trauma-Surgery ICU Patients

Jacob Higgins, Sherri Casey, Erin Taylor, Riley Wilson, Paula Halcomb

Page 52



Page 75



Page 82



Page 84

ALSO IN THIS ISSUE

Contributors

Page 8

OnlineNOW Abstracts

Page 14

Book Reviews

Page 82

Practice Pointers

Page 84